

**Application for Recognition as an IADVL Observership Centre-2017**

1	<b>Specialty Others: Photodermatology</b>	
2	Program director (Should have at least 5 years' experience following postgraduation)	
a	Name: <b>Dr.Sathish Pai B</b>	: <b>Dr.Sathish Pai B</b>
b	Qualification (including year of passing)	MBBS DVD MD
c	Experience/expertise in the field:	Annexure -1
d	Working hours: 8am to 5 pm	
3	Other faculty	
a	Name	Dr. Sudhir Nayak U K
b	Whether full time or part time (working hours if part time)	Full time
c	Qualifications	MBBS, DDVL, MD
4	Department: Dermatology Venereology and Leprosy	
5	Institution : Kasturba Medical College, Manipal, Manipal University	
6	Address : Madhav Nagar, Manipal-576104	
7	University affiliation for Dermatology/Venereology/Leprosy and for fellowship specialty ( <i>if applicable</i> )	Yes
8	Does the institute have specific restrictions on fellowship candidates? ( <i>If Yes, please give details</i> )	No
9	Does the fellowship entail any financial implication for the candidates other than that stipulated by the IADVL? ( <i>If Yes, please give details</i> )	No
10	Number of days a week that the OPD runs	6
11	Approximate daily attendance of patients in the department	
a	OPD attendance	128 (average)
b	Inpatient attendance	8 (average)
12	For departments with other faculty, will the candidate be allowed access to the OT/equipment on the days of other faculty?	Yes
13	Faculty who will be in charge if the program director goes on long leave or quits the department	Dr. Sudhir Nayak U K
14	Number of years for which the department /institution has been carrying out similar work	25yrs
15	In house details	
a	Equipment (for lasers, please specify the types of machines and their utility)Name of machine Indications	Annexure-2
b	Facilities (e.g. library)	Annexure-3
c	Space	OPD-214.60 m <sup>2</sup> Lab- 133.22 m <sup>2</sup> Seminar room - 32.34sq.m Clinical Demo room - 18.9sq.m
d	Opportunities for basic or clinical research	Yes
e	Details of weekly academic activities undertaken by department	Annexure-4

f	Details of presentations/publications/research in the specialty from the department/ institution in the last 2 years	Annexure-5
16	Has similar training been offered by the department? <i>(If Yes, please give details)</i>	Yes
17.	Are hostel facilities available? <i>(If Yes, please indicate the charges)</i>	Yes Rs 450-950 depending on the type of accomodation applied
18	Brief description of the intended training program(daily and weekly routine ), including details of the curriculum	Annexure-6
19.	Will trainees get hands on training?	Yes

Signature and stamp:

Name of the Program Director & Centre: Dr.Sathish Pai B,

Dept. of Dermatology, Venereology and Leprosy,

Kasturba Medical College, Manipal University

Manipal-576104

Contact no: (M) 9900405072

(O) 0820 2923050

Email address: [drsbpai@yahoo.co.in](mailto:drsbpai@yahoo.co.in)

Address: Dept. of Dermatology, Venereology and Leprosy, Kasturba Medical College, Manipal University

Manipal-576104

**Annexure 1 : EXPERIENCE/EXPERTISE IN THE FIELD**

Has been involved with phototherapy since 1992. Had obtained Common wealth fellowship in the field of photodermatology at Nine wells Hospital, Dundee under the guidance of Dr. James Fergusons.

**Annexure 2 : PHOTOTHERAPY MACHINES**

1. UV-A MACHINES---- Two in number
2. NB-UVB (whole body) machine
3. NB-UVB+UV-A combined (whole body)

4. Targeted phototherapy
5. UV-A hand and foot unit
6. NB-UVB hand and foot unit
7. Honle's lamp for phototesting
8. Hand held NB-UVB with comb

**Annexure – 3**

S No.	Library		Central	Departmental
		Number of Books	733	210
		Number of Journals	24	05(hardcopy)+12(online)
		Latest journals available upto	Till date	Till date

**Annexure 4: MONTHLY TEACHING PROGRAMME**

Monday	Theory class
Tuesday	Journal Club
Wednesday	Seminar
Thursday	Case Presentation, Theory class
Friday	Group Discussion
Saturday	Guest lecture

**Annexure 5 : RESEARCH ON PHOTOTHERAPY**

### **Guest Lecture by Faculty:**

1. Dr. Sathish Pai B was Guest speaker for 'unconventional phototherapy workshop' during CME on Phototherapy at Manipl on 24<sup>th</sup> August, 2014
2. Dr. Sudhir Nayak was Faculty – 'NBUVB' during CME cum workshop on Phototherapy at Manipal on 24/08/2014
3. Dr. Sudhir Nayak Delivered guest lecture on 'What's new in Phototherapy' during CUTICON NE (IADVL) conference at Kaziranga from 31/10/14 – 01/11/2014
4. Dr. Sathish Pai B delivered Guest lecture on 'photo testing in the Photodermatoses in india' during WCD at Vancouver, Canada on 8-13<sup>th</sup> June 2015.
5. Dr. Sathish Pai B Presented a poster "Bath PUVA plus topical steroid versus Bath PUVA plus placebo- a randomized placebo controlled study in Psoriasis" during WCD at Vancouver, Canada on 8-13<sup>th</sup> June 2015.
6. Dr. Sathish Pai B Delivered a Guest Lecture on "Cutaneous Photobiology" during Phototherapy CME at JJM Davangere on 30<sup>th</sup> August 2015.
7. Dr. Sathish Pai B Delivered a Guest Lecture on 'Psoralen photo chemotherapy' during Phototherapy CME at JJM Davangere on 30<sup>th</sup> August 2015.
8. Dr. Raghavendra Rao Delivered 2 Guest lectures during Photo dermatology CME at JJM Medical college, Davangere on 30<sup>th</sup> August 2015 .
  - a. 'Evaluation of Photo sensitive patient'.
  - b. 'Pediatric Photo sensitive disorders'.
9. Dr. Smitha Prabhu Delivered Guest lecture on "Photo Allergic dermatosis" and "NBUVB & Targeted Therapy" during Photo Dermatology CME at JJM Medical College, Davangere on 30<sup>th</sup> August 2015
10. Dr. Smitha Prabhu Delivered Guest lecture on 'lights in Psoriasis and Panelist at Panel discussion on Psyche ?Psoriasis' during PSORACON 2015 National conference on Psoriasis at Calicut on 18<sup>th</sup> October 2015.
11. Dr. Smitha Prabhu Delivered guest Lecture on 'PUVA vs NBUVB whether PUVA is obsoletes' at CUTICON 2015 at J J M Davangere on 28<sup>th</sup> & 29<sup>th</sup> November 2015.

### **Presentation by Post graduates :**

1. Dr. Nafina presented a paper titled " Topical Puvasol in psoriasis " during CME – Phototherapy at Manipal on 24/08/14
2. Dr. Nafina Jasmine presented e-poster titled "Topical PUVASOL in the treatment of psoriasis" in the national conference DERMACON 2015 at Mangalore from 12-15 February,2015

### **Dissertation on Phototherapy (done by Residents):**

Observation of efficacy of targeted phototherapy in localized vitiligo

**Publications :**

1. Shenoi SD, Prabhu S. Photochemotherapy (PUVA) in Psoriasis and Vitiligo. Indian J Dermatol Venereol Leprol 2014;80:497-504
2. Pai SB, Shetty S. Guidelines for bath PUVA, bathing suit PUVA and soak PUVA. Indian J Dermatol Venereol Leprol 2015;81:559-67.

**Annexure – 6: BRIEF DESCRIPTION OF THE INTENDED TRAINING PROGRAM**

The candidate will be posted in the phototherapy unit and will be observing the various treatment modalities. He will be told about the usage of phototherapy chambers, how to measure the output, treatment protocol etc.

He will also see patients who will need phototherapy with the faculty.

***Other information:***

The nearest railway station is Udupi (3 kms from the college) and the nearest airport is Mangalore (around 45 kms away)

The college also has got a 6 floor indoor sports complex, jogging tracks, park, 6 tennis courts, basket ball courts, cricket, foot ball grounds etc.