## Application for Recognition as an IADVL Fellowship Centre-2016

| Sr. |                                                                                                                                                      |                                                                                         |  |
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| No. |                                                                                                                                                      |                                                                                         |  |
| 1.  | Speciality:                                                                                                                                          | Lasers and Aesthetics                                                                   |  |
| 2.  | Program Director:                                                                                                                                    | Dr. Suruchi Gupta                                                                       |  |
| 3.  | Other faculty (please specify whether full time or part time and their working time):                                                                | Dr. Bhushan Kumar (Part time)<br>Dr. V.D. Singh (Part time)                             |  |
| 4.  | Department:                                                                                                                                          | Dermatology                                                                             |  |
| 5.  | Institution:                                                                                                                                         | Aura Skin Institute                                                                     |  |
|     |                                                                                                                                                      | 200 40 40 0 4 00                                                                        |  |
| 6.  | Address:                                                                                                                                             | SCO 48-49, Sector 9D,<br>Madhya Marg, Chandigarh-160009                                 |  |
| 7.  | University affiliation for<br>Dermatology/Venereology/Leprology<br>and for Fellowship speciality (if<br>applicable):                                 | Applied for: with Punjab Technical University (PTU)                                     |  |
| 8.  | Does the Institute have specific restrictions on Fellowship candidates? Yes/No. If Yes, please give details:                                         | No                                                                                      |  |
| 9.  | Does the Fellowship entail any financial implication for the candidate other than that stipulated by the IADVL? Yes/No. If Yes, please give details: | No                                                                                      |  |
| 10. | Number of days a week the OPD runs:                                                                                                                  | 6 days a week                                                                           |  |
| 11. | Approximate daily OPD attendance of patients in the department:                                                                                      | 40 patients per day                                                                     |  |
| 12. | Details of the speciality and faculty in the department:                                                                                             |                                                                                         |  |
| a.  | Program Director's qualifications/expertise in that field:                                                                                           | MBBS, MD (more than 10 yrs of experience)                                               |  |
| b.  | Working time of the program director                                                                                                                 | Full time<br>OPD Timings (from Monday to Saturday)<br>10.00am - 2.30pm, 5.00pm – 7.00pm |  |
| c.  | Qualifications of other faculty in that field:                                                                                                       | Dr. Bhushan Kumar (MBBS, MD)<br>Dr. V.D. Singh (MS, MCh)                                |  |
| d.  | For departments with other faculty, will the candidate be allowed access to the OT/equipment on the days of other faculty? Yes/No                    | Yes                                                                                     |  |
| e.  | Faculty who will be in charge of the program if the Program Director goes on long leave or quits the department:                                     | Dr. Bhushan Kumar                                                                       |  |
| f.  | Number of years for which the department/institution has been carrying out similar work:                                                             | Nearly 4 years                                                                          |  |

| g. | Daily workload (out- and in-patient) in that specialty:                        | Around 30 laser procedures are done each day on Out-patient basis                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|----|--------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| h. | Equipment (for lasers, please specify the type of machines and their utility): | All equipment US, FDA approved conforming to international safety norms  • Soprano ICE Hair Removal Laser (First time in the country) by Alma Lasers Ltd, Israel / USA  • i-Pixel <sup>ER</sup> Laser (First time in the country) by Alma Lasers Ltd, Israel / USA  • High Power Pixel Q-switch Laser (First time in the country) by Alma Lasers Ltd, Israel / USA  • Pulsed UVB Laser by Alma Lasers Ltd, Israel / USA  • Exilis: Fat Reduction, Body Contouring and Skin Tightening device (First time in North India) by BTL Aesthetics, Prague, the Czech Republic  • Surgitron Radio Frequency by Ellman International Inc, USA  • 3 <sup>rd</sup> Generation Hair Harvesting system and other surgical equipments for Hair Transplantation by Safe Scribe System, USA (US, FDA Approved) |
| i. | Facilities (e.g. library):                                                     | <ul> <li>Small Library and Seminar Hall equipped with internet and AV facilities</li> <li>Operation Theater with temperature and humidity controls</li> <li>Drinking water and general water supply and sanitary facilities</li> <li>Generator with 24X7 power back-up</li> <li>Transport/Cab facility</li> <li>PG facilities with Pick and Drop Service</li> <li>Bank-ATM/Courier facilities</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                       |
| j. | Space:                                                                         | 2000 Square Feet                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| k. | Opportunities for basic or clinical research:                                  | Yes, we are actively involved in research and keep doing small clinical projects throughout the year                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| l. | Details of weekly academic activities undertaken by department:                | We have detailed discussion amongst our staff and faculty before instituting any treatment plan. Then every last Saturday of the month, we discuss the interesting case of the month and review all the procedures done by comparing before-after photographs and any difficulties/complications encountered.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |

| m   | Details of                                                                                                          | Presentations in International Conferences:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|-----|---------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| m.  | presentations/publications/research in the specialty from the department/institution in the last 2 years:           | <ul> <li>Given oral presentation of a research paper entitled 'Outcome of intraoperative injectable PRP therapy in FUE hair transplant - a study on 40 patients' at International Masters         Course on Aging Skin, Goa held from November 14-16, 2014.</li> <li>Comparison of results of FUE hair transplant between intra-operative PRP group Vs non-PRP group: A prospective randomized study on 20 patients. Presented in XI International Congress of Dermatology, New Delhi, 2013.</li> </ul>                                                   |
|     |                                                                                                                     | Publications under review:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|     |                                                                                                                     | <ul> <li>'Outcome of intraoperative PRP therapy in FUE hair transplant - a prospective randomized study on 40 patients'. Submitted in Journal of Cutaneous and Aesthetic Surgery</li> <li>'Role of ablative pixel Erbium: YAG laser in lichenoid pigmentory disorders in ethnic skin: a study on 10 patients'. Submitted in Aesthetic Surgery Journal</li> <li>Making new skin and appendages in a burnt face through combination of pixel Erbium: YAG and PRP therapy with histopathological evidence. Submitted in Aesthetic Surgery Journal</li> </ul> |
|     | Has similar training been offered by the department?                                                                | Yes.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| 13. | Yes/No. If Yes, please give details (if renewal, also include number of fellows trained):                           | We have trained more than 10 fellows in last two years. Few of our trainees are also overseas doctors.                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| 14. | Are hostel facilities available?<br>Yes/No.<br>If Yes, please indicate the charges:                                 | Paying Guest facility is available with Pick and Drop<br>Service                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| 15. | Brief description of the intended training program (daily and weekly routine), including details of the curriculum: | Our training programs are very interactive and provide extensive hands-on training apart from didactic lectures, live/video demos, working manuals and an access to webinars on latest topics by various international experts.                                                                                                                                                                                                                                                                                                                           |
| 16. | Will trainees get hands on training?                                                                                | Yes                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |