

Application for Recognition as an IADVL Training Observership Centre

1. Initial Application
2. Speciality : **Laser and aesthetics**
3. Program Director: **Dr Suresh Talwar**
4. Other faculty (please specify whether full time or part time):
 - a. **Dr Ankur Talwar** –Full Time
 - b. **Dr Kshama Talwar** –Full Time
 - c. **Dr Rachita Narad/other dermatologist**–Part Time
5. Department: **Skin**
6. Institution: **Talwar Skin, Laser and cosmetology centre**
7. Address: **C-1113 Church road ,
Indira Nagar, Lucknow**
8. University affiliation for Dermatology/Venereology/Leprology and for Fellowship speciality (if applicable): **Not applicable**
9. Does the Institute have specific restrictions on Fellowship candidates? **No. Can take up 12 candidates in succession (no overlapping)**
10. Does the Fellowship entail any financial implication for the candidate other than that stipulated by the IADVL? **No.**
11. Approximate daily OPD attendance of patients in the department: **200 patients per day**
12. Details of the speciality and faculty in the department:
 - a. Program Director's qualifications/expertise in that field: **MBBS , MD
Working with lasers for more than 10 years**
 - b. Qualifications of other faculty in that field:
**Ankur Talwar – MBBS, MD
Kshama Talwar- MBBS, MD
Rachita Narad/other dermatologist –MBBS, MD/DVD**
 - c. For departments with other faculty, will the candidate be allowed access to the OT/equipment on the days of other faculty? **Yes**
 - d. Faculty who will be in charge of the program if the Program Director goes on long leave or quits the department: **Dr Ankur Talwar**

e. Number of years for which the department/institution has been carrying out similar work: **More than 11 years**

f. Daily workload (out- and in-patient) in that specialty: **More than 20 procedures are carried out per day on outpatient basis.**

g. Equipment (for lasers, please specify the type of machines and their utility):

- **Fotona -Long pulse Nd Yag laser** – hair removal
- **Alma harmony XL-** platform laser with following heads
 - i. **SHR** – For hair removal
 - ii. **Q switch Nd Yag** for pigment removal
 - iii. **Fractional Erbium Yag** for skin resurfacing
 - iv. **SST** for skin tightening
 - v. **Fractional Q switch**
- **ALMA SOPRANO DIODE LASER FOR HAIR REMOVAL**
- **Futura RF** –Fractional CO2
- **Ablative CO2**
- **IPL** – 2 Machines
- **Cavitation with RF for body reshaping and fat reduction**
- **Zimmer cooling machine**
- **Smoke evacuator**
- **PDL** –verbal consent of HOD Plastic surgery dept , King George Medical College to allow trainees as observer during PDL procedures
- **Mesotherapy equipment** – meso pen and meso gun
- **Radiofrequency machine**
- **Microdermabrasion -2 machines**
- **Hair Analyser**
- **Cryotherapy equipment**
- **PRP**
- **Other Day care procedures set up: Botulinum toxin, dermal fillers**
- **Acquiring EXIMER LAMP**

h. Facilities (e.g. library): Small library with subscription to IJDVL ,Leprosy review , JEADV, JCAS, Int J of Dermatology, Indian journal of dermatology

- i. Space: 5000sq ft
- j. Opportunities for basic or clinical research: Have been carrying out small projects with good collection of clinical data.
- k. Details of weekly academic activities undertaken by department: We have daily discussion amongst faculty before planning treatment of a case.
- l. Details of presentations/publications/research in the specialty from the department/institution in the last 2 years:
- 2 chapters in text book brought out by ACSI
 - 1chapter in text book by IADVL
 - Interesting cases in 3 volumes of interesting cases brought out by IJCP
 - Writing text book – 100 interesting cases by Jaypee publisher
 - Presented papers and chaired sessions in DERMACON 2013, 2014, 2015 ,ACSI conf, Asian dermatology conf
 - Organised many conferences

13. Has similar training been offered by the department? **yes.**

14. Are hostel facilities available? Yes/No. If Yes, please indicate the charges: **Yes. Hostel facilities will be complementary.**

15. Brief description of the intended training program (daily and weekly routine), including details of the curriculum:

- We will provide opportunity for hands on training on all lasers during all procedures carried out in the centre.
- 3 days orientation course to impart theoretical knowledge in the beginning of course.
- Weekly test to judge the knowledge gained.
- In between free time will be utilised for interesting case discussion.

16. Will trainees get hands on training? – yes



Signature of the Head of Department

Dated – 10 Dec 15

(SURESH TALWAR)